

1600 East Broadway Columbia, Missouri 65201 www.boone.org 573-815-8000

Neuro EEG Sleep-Deprived (Awake/Asleep EEG PREPARATION FOR YOUR TEST

- 1. Patient MUST be up all night or to bed around 10:00 p.m. and awake by 2:00 a.m.
- 2. Prefer patient to eat prior to study.
- 3. No caffeine.
- 4. Patient should have clean hair (no weaves, hair spray, mousse or gels).

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